

Community Defibrillators

What is a defibrillator?

- A defibrillator is a device for use when a person is in cardiac arrest and their heart has stopped
- It gives a jolt of energy to the heart to help reset it and get it beating again
- Defibrillators are designed for use by anyone, you **do not need** any medical training to use one
- The defibrillator will check a person's heart rhythm and will only tell you to give them a shock if it is needed

How should I use a defibrillator?

- If someone is in cardiac arrest, call 999 and start CPR
- If you're on your own, do not interrupt CPR to go and find a defibrillator
- If possible, send someone else to find one while you continue CPR
- When you call 999, the operator can tell you if there's a defibrillator nearby
- The operator will provide you with the code needed to open the cabinet
- When ready to use the defibrillator, switch it on and it will talk to you, giving you clear, step by step instructions on what to do

Where to find our defibrillators

The Parish Council owns and maintains 3 defibrillators. These are located at:

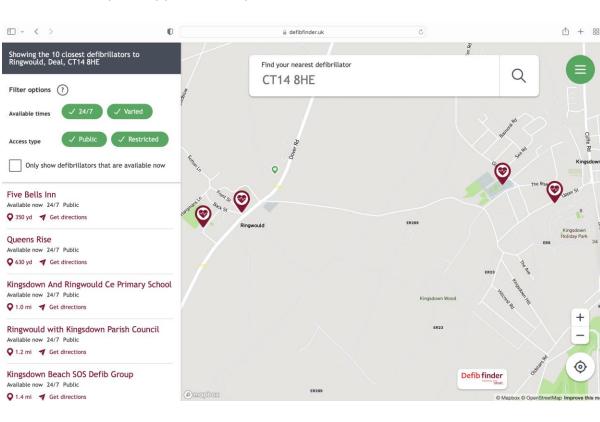
- The side of flats on Queens Rise, Ringwould, close to the recreation ground
- Kingsdown & Ringwould Primary School, Kingsdown
- St John's Village Hall, Kingsdown

These 3 Parish Council defibrillators are maintained and updated quarterly by Hopkins TAS Ltd.

Hopkins TAS Ltd also maintains the active status of our devices within The Circuit, which links through to the live SECAmb dispatch system.

• A 4th defibrillator can be found in the courtyard of Five Bells Pub, Ringwould. This is checked and maintained by a Ringwould resident. The Parish Council pays for any new parts needed.

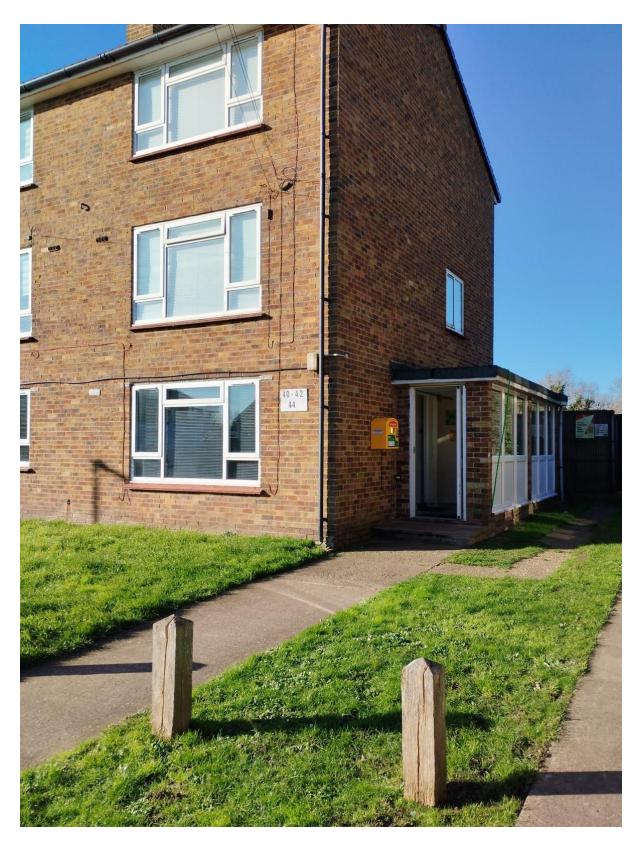
Our defibrillators have been registered with the ambulance service through the national database and can be found here: <u>https://www.defibfinder.uk</u>



This is how they will appear when you search online:

Defibrillator Locations

1. Queen's Rise, Ringwould: On side of flats, near to recreation ground access



2. On fence at front of Kingsdown & Ringwould Primary School





3. In front of St John's Kingsdown Village Hall

4. In courtyard of Five Bells Pub, Ringwould



Training Sessions

No training is needed to use defibrillators. However, to increase people's confidence in using the devices, the Parish Council will offer some training sessions in 2024. These will be delivered by Hopkins TAS Ltd, together with suitably qualified local resident volunteers. Dates will be published here and on our Parish Council's social media.

Reporting Damage or Defects

If you should have any reason to suspect our defibrillators are damaged or not working, please report this as soon as possible to the clerk: <u>clerk@ringwouldwithkingsdownpc.gov.uk</u>

Further information on defibrillators and how to use them can be found here:

https://vimeo.com/557677120/e7524918c5

here:

https://www.youtube.com/watch?v=H4FjPn48aG0&t=9s

and here:

https://www.bhf.org.uk/how-you-can-help/how-to-save-alife/defibrillators/understanding-defibrillators-what-they-are-and-how-to-use-them

SECAmb Trust has produced this video:

https://www.youtube.com/watch?reload=9&v=oywaqEXre4c&feature=youtu.be

And a number of interactive resources can be accessed here:

https://www.lifesaver.org.uk